

Social Stigma and Discrimination Duality: A Case beyond Microbiology

Dr. Yasir Hameed Bhat¹ and Rubeena Akhter²

¹Assistant Professor, Department of Psychology, University of Kashmir

²Doctoral Scholar, Department of Social Work, University of Kashmir

Abstract—Stigma and discrimination is a very common concern among tuberculosis patients. Along the adverse effects on treatment, stigma and discrimination poses numerous consequences for their psychosocial well-being for those suffering from the disease. Although, the presence of consequences can be found across the world but the manner and magnitude they manifest themselves varies across regions, countries, communities and individuals. Much of the emphasis is on microbiological cure of disease. Less attention is paid on the patient’s experience and how it affects their social, mental and physical well-being, through stigma and discrimination. The present paper attempts to explore the effects of tuberculosis on the patient’s mental and social well-being and quality of life.

Keywords: Stigma, Tuberculosis, Psychosocial, Microbiology, Disease.